

BLAKENEY SAILING CLUB - SAILING INSTRUCTIONS

1. Races will be sailed under the racing rules of sailing and the prescriptions of the RYA 2005-2008 except where stated.
2. **Conditions of entry.** The safety of a boat and her entire management shall be the sole responsibility of the owner/competitor racing the boat who must ensure that the boat and crew are adequate to face the conditions that may arise during the course of the race. Neither the establishment of these sailing instructions nor the inspection of the boat under these conditions reduces the absolute responsibility of the owner/competitor for the crew, the boat and the management thereof. The race organisers shall not be responsible for any loss, damage, death or personal injury however caused to the owner/competitor, skipper or crew, as a result of their taking part in the race or races. Moreover, every owner/competitor warrants the suitability of the boat for the race or races. For Juniors entering club races parents and guardians are required to sign a statement on behalf of any Juniors aged 14 and under participating in club races.
3. **Starting line.** Is the line between the 'S' buoy and the mark displayed on the committee boat. Boats may not start between the inner limit mark and the committee boat. Boats that pass between the inner distance mark and the committee boat at any time after their preparatory signal. Rule 30.1 Round the End Rule shall apply after the preparatory signal. Different race types may have different starting arrangements.
4. **Course.** Board displayed on start boat indicating buoy sequence and direction of rounding. Large orange numeral indicates number of laps.
5. **Starting signal.** Class flag/sound signal at 6 minutes; preparatory flag/sound signal at 3 minutes; start - class flag removed and one sound signal for a clean start. Boats whose preparatory signal has not been made shall keep clear of the starting area and of all boats whose preparatory signal has been made.
6. **Recalls.** Rule 29 will apply.
7. **Finish line.** Between post on committee boat and outer limit mark (normally yellow buoy 'S'). Alternatively a line between the Cooke or Simm's posts.
8. **Marks of course.** Buoys are yellow with blue stripe at centre and black numbers at ends, or inflatable yellow buoys. No 8 buoy is a movable buoy that can be used as the first mark of the course. Beacons have orange/yellow top marks/drums, mounted on a pole, and about 3 metres above the mud. They are marks of the course, which indicate shallow water, and must be rounded on the harbour side.
9. **Shortened course.** Rule 32.2 (23) When flag 'S' is flown on the committee boat (accompanied by two sound signals), the course is shortened to end on completion of the lap being sailed by the leading boat. When flag 'S' is flown near to a mark of the course, the course is shortened and the finish line is between flag 'S' and the adjacent mark.
10. **Time limit.** To be classed as a finisher, competitors must complete the course within 2 hours.
11. **Entering a race.** All crews must report to the race officer their intention of entering a club race at least half an hour before the published start time with name, boat class and number.
12. **Minimum entries.** For any race 3.
13. **Retirements.** Any crews retiring must report to the race officer.
14. **Protests.** Should be reported to the race officer, within 1 hour of the first boat to finish with a fee of £10.
15. After the start of the race the inner limit mark may be ignored.
16. All boats must be covered by third party insurance for claims up to £2m arising from any one accident.
17. Personal buoyancy must be worn. Wet suits and dry suits are not deemed to be adequate buoyancy.
18. **Every owner/competitor warrants the suitability of the boat for race or races.**
19. The attention of the competitors is drawn to fundamental rules 1 to 5.
20. **It is the responsibility of all competitors to decide the suitability of their boat to sail the course on the restricted and shallow waters of Blakeney harbour without recourse to redress.**
21. Competitors are reminded that they must respect the international rules for the prevention of collisions at sea in all circumstances.
22. All reference to boats includes dinghies, catamarans, keelboats, cruisers and motorboats.
23. For Bank Start races, the racing rules will not apply until boats have left the bank.
24. These instructions apply to all boats when racing or participating in club events.

Race Signals

1. All race signals will accord with RYA standard procedures with the exception that the individual recall will be to leave the Class Flag dipped and raised to half mast accompanied by a single sound signal.
2. Signals ashore will be at the Blakeney Sailing Club hut at the southern end of the dinghy park
3. The following principle Class Flags will be used:

Allcomers	No1 pendant – red circle on white
Allcomers - senior	Flag J- Blue Band on white
Allcomers – junior	Flag O – red and yellow
Laser Class and singlehanded allcomers	Laser Class Flag
Phantom Class	Red diamond on white
Enterprise Class	Flag E – red, white and blue bands
International 14	Flag M- white cross on blue
North Norfolk 16	Flag Z – black, yellow, red and blue triangles
Seafly Class	Flag C – red, white and blue bands

Wayfarer
Cockles
Phantoms
National 12
Ladies Race
Catamarans

Flag I – black dot on yellow
Flag R – Yellow cross on red
Flag F – red diamond on white
Flag T – red, white and blue stripe
Flag L – two yellow and two black squares
Flag Y – Yellow/red diagonal stripes

Racing Notes.

1. Junior races must be sailed by junior helms. A junior is under age 18 on the 1st of March in any season
2. Handicaps for class boats are based on the Portsmouth yardstick figures as published in the club yearbook.
3. Starting times may differ from the time advertised in the yearbook, depending on the state of the tide.
4. Wet or dry suits must be worn by competitors from October 1st to May 31st.
5. Series events. Number of discards in a series shall be as follows: 3-4 races 1 discard; 5 races - 2 discards; more than 5 races - 3 Discards

The Blakeney Regatta Course.

The Blakeney Regatta Course may be used for races other than Regatta races. The start is a push off from the preferred bank at the mouth of the cut in order of handicap as shown in the YearBook, or on very high tides from a flying start in handicap order with the starting line at the mouth of Blakeney Cut. Course:- 3 Port; 7 Starboard, 1 Starboard; 7 Port; 3 Starboard. Finish at Sim's Posts or Cooke Posts as indicated. All beacons to be passed on the main channel side. Under certain conditions buoy No.1 will be passed to port - this will be shown on the course board at the start.

Race Types

- Race Type 1 Flying start(s) from 'Lapwing', Finish 'Lapwing'
- Race Type 2 Bank Start Blakeney, Regatta course, Finish in Blakeney Cut
- Race Type 3 Bank Start Blakeney, Regatta course, Finish in Morston
- Race Type 4 Start and finish in Blakeney Cut at Cooke or Simms posts.
- Race Type 4a Flying start from 'Lapwing' finish in Blakeney Cut at Cooke or Simms posts

Race Series

Apart from the cup series in the season the following series will run throughout the season:

1. Seafly, Laser and Phantom Classes- best ten results from the spring , summer and autumn series with five or more starters. Excludes Regatta Fortnight and Bank Starts
2. Junior Series- best six results from races throughout the spring, summer and autumn races excluding Regatta Fortnight and Bank Starts